

*maxpeople*

**Self-Awareness Reflection  
Checklist  
2024**

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As leaders, it's imperative to embark on a journey of self-awareness, understanding our core values, reactions to challenges, and impact on others. By embracing self-awareness, we unlock the potential to lead with authenticity and empathy, fostering stronger relationships and driving meaningful change within our teams and organizations. Let's commit to introspection and personal growth, cultivating a leadership approach that not only achieves results but also inspires and empowers those around us.

**Level I:**

1. What are the core values that drive my leadership style, and how do they manifest in my decisions and interactions with my team?
2. Which leadership responsibilities or initiatives bring out my strongest sense of purpose and fulfillment?
3. When faced with challenges or setbacks in leadership, how do I typically respond, and are there more effective approaches I could adopt to inspire and motivate my team?
4. How do I currently allocate my time as a leader, and does this allocation align with my overarching goals and priorities for the team?

**Level II:**

5. What ingrained beliefs or assumptions about leadership may be limiting my effectiveness, and how can I challenge or reframe them to foster growth and innovation within my team?
6. How do my past experiences as a leader influence my present leadership style and decision-making processes?
7. What strategies do I employ for self-care and personal development as a leader, and how can I enhance these practices to better support my team and organizational goals?
8. How do I personally define success and failure in leadership, and are these definitions in alignment with the values and vision I seek to instill within my team?

**Level III:**

9. What overarching purpose drives my leadership journey, and how does it evolve as I gain experience and insight?
10. In what ways do I actively promote the well-being and growth of my team members, and how can I deepen my impact on their professional and personal development?
11. What existential questions do I grapple with as a leader, and how do they inform my approach to fostering a positive organizational culture and driving meaningful change?
12. How do I cultivate mindfulness and presence in my daily leadership practice, and what tangible benefits do I observe in terms of team engagement, innovation, and overall performance?

Investing in your leadership journey is a commitment to continuous growth and impact. Take the next step by reaching out to MaxPeople for personalized 1:1 coaching, where together, we'll refine your self-awareness and elevate your leadership effectiveness to new heights.

We're available to assist you for all your HR needs, so don't hesitate to [reach out](#). Learn more about our services by visiting our website [HERE](#).



## Contact Us:

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